



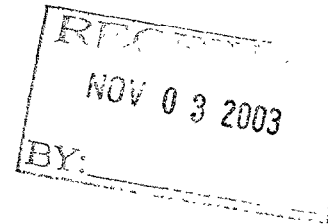
Alva-Amco Pharmacal Companies, Inc.

Fine Pharmaceuticals Since 1904

8717 '03 DEC -1 P151

October 24, 2003

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
5100 Paint Branch Parkway
College Park, Maryland 20740-3835



Re: Thinz® CarboFAST™ Dietary Supplement Caplets & Diet Plan

Ladies/Gentlemen:

This letter notifies the Food and Drug Administration pursuant to 21 CFR 101.93 that within the past 30 days our company has begun to market Thinz® CarboFast™ Dietary Supplement Caplets & Diet Plan, with the following structure/function claims included on the label and/or in labeling for the product.

“In conjunction with the Thinz Low Carb Diet Plan and healthy exercise”: Helps boost fat metabolism, Helps promote thermogenesis, Helps you feel more energetic.

The dietary ingredients of the product that are the subject of the above statements are: White bean extract (*Phaseolus Vulgaris*), Green tea leaf extract (*Camellia Sinensis*) and Turmeric extract (*Curcuma Longa*).

It is hereby certified that the information in this notification is complete and accurate and that our company has substantiation that the above statements are truthful and not misleading.

Very truly yours,

Grace Burbulys
Regulatory Affairs Manager

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